

Add patient sticker here

BMI 40 and above Risk

GESTATION	PURPOSE OF VISIT	INITIAL WHEN COMPLETE	CLINICIAN	LOCATION
6-10	Booking history		Community Midwife	Community Midwife Clinic (CMC)
	Complete Mental Health screening/HAD's			
	Offer Booking Bloods			
	Discuss Breast Feeding			
	Give Anomaly/Screening information			
	Complete VTE Risk Assessment			
	Take MSSU			
	Advise 10mcg of Vitamin D (multivitamin supplement)			
	Refer to Consultant for plan of care as indicated by risk assessment stating the initial care pathway			
	5mg Folic Acid			
	Lifestyle programme			
Initial Pathway filed in the health care records & discussed with Patient				
11-13	Dating scan and NT with consent		Sonographer	Maternity Outpatients (MOP)
	Booking and Screening Bloods		Obstetric Team	
	Generate GROW chart			
	Offer Chlamydia Screening if under 25 years of age			
	Arrange Anaesthetic review			
	Offer referral to Dietician			
	Arrange GTT at 28 weeks			
	Consider Aspirin* from 12 weeks if additional risk factor for pre-eclampsia			
	Individualised plan of care according to patient needs and advised to delivery in a hospital setting.			
	Review risk and document plan of care including schedule of ANC/scan appointments			
16-18	Antenatal Examination		Community Midwife	CMC
	Offer Quadruple test if could not have NT			
	Inform women of Blood results and document on Sigma and handheld records			
18-20	Anomaly Scan		Sonographer	MOP
	Obstetric review if indicated		Obstetric Team	
25 First Pregnancy only	Antenatal assessment		Community Midwife	CMC
	Mat B1			

GESTATION	PURPOSE OF VISIT	INITIAL WHEN COMPLETE	CLINICIAN	LOCATION
28	Antenatal assessment		Community Midwife	CMC
	Complete Mental Health screening/HAD's			
	FBC and Antibody screening			
	Mat B1 (multips)			
	Discuss Breast Feeding			
	Plot Symphysis Fundal Height (SFH) on GROW chart			
	Ensure Anaesthetic appointment and plan of care, as appropriate.			
	Anti D if required		MOP Midwife	MOP
	GTT in required		HCA	
30	Antenatal Assessment		Obstetric Team	MOP
	Growth scan if indicated			
	Plot SFH on GROW chart			
31 First Pregnancy only	Antenatal Assessment		Community Midwife	CMC
	Plot SFH on GROW chart			
34	Antenatal Assessment		Community Midwife	CMC
	Complete Mental Health screening/HAD's			
	Birth Plan			
	Plot SFH on GROW chart			
	Arrange MRSA screening if booked for EL LSCS			
36	Antenatal Assessment		Obstetric Team	MOP
	Growth scan if indicated			
	Plot SFH on GROW chart			
	Assess and document manual handling requirements			
	Consider tissue viability issues			
38	Antenatal Assessment		Community Midwife	CMC
	Plot SFH on GROW chart			
40	Antenatal Assessment		Community Midwife	CMC
	Plot SFH on GROW chart			
	Offer membrane sweep			
41	Antenatal Assessment		Community Midwife	CMC
	Plot SFH on GROW chart			
	Offer membrane sweep			

THIS PATHWAY MAY BE ADAPTED TO THE NEEDS OF THE MOTHER AND HER BABY AS PREGNANCY PROGRESSES. THIS MAY INCLUDE EXTRA APPOINTMENTS AS NECESSARY.