

RESEARCH STUDY

Weight, eating and exercise in pregnancy

Have you given birth in the last 12 months?

Would you be interested in taking part in a research study about pregnancy weight, exercise and eating habits during pregnancy?

We are looking for participants who have had a baby in the last year, who were overweight during their pregnancy and would be happy to talk to us about their pregnancy experiences in relation to their weight and their exercise or eating habits.

The study involves taking part in an individual interview (either online or in person). Background information will be provided before agreeing to take part. All information given will be treated with complete confidentiality and all personal data anonymised. Any participant who agrees to take part is free to withdraw should they not wish to continue.

For more information or to take part email helenelizabeth.parsons@mail.bcu.ac.uk

